



# 7 Ways To Figure Out What You Want™

***" There's nothing more powerful than finally discovering what you really want and then seeing how easy it can be to get it. When it all just slots into place the results can be astounding "***

Andrew Halfacre

Here are 7 ways to figure it out once and for all...

## **1. Start Small**

Always have an outcome for whatever you are doing

## **2. Understand what you don't want**

What do you want instead?

## **3. Make a wish list**

Make a wish. Brainstorm options. List the steps.

## **4. Give yourself a score out of 10**

Using a [wheel of life](#) or wheel of work.

## **5. Before you die...**

What do you want to do with the time that's left?

## **6. Stop thinking and come to your senses**

Do just that...

## **7. Follow your joy**

Future success comes from following present joy...

To learn more:

### **7 Ways To Figure Out What You Want™ (23 page workbook)**

Learn how to figure out what you really want using 7 very practical tools and exercises to get to the heart of your real desires. This workbook will take you step by step through the journey to understanding what you really want. [More...](#)

### **Personal coaching**

A 2 hour coaching session that will connect you with what you have always wanted AND show you what you need to start doing in order to get it.

We can also present 7 Ways To Figure Out What You Want™ as a half day or full day workshop for your team. [More...](#)